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## Claims

- 1. A method comprising
- a) attaching a first skin to a first surface of an open cell foam to form a precursor for a door, window or panel; and
- b) attaching a second skin to the precursor in a separate step from step a).
- 2. A method according to Claim 1 wherein the second skin is attached to a second surface of the foam, the second being an opposing surface to the first surface.
- 3. A method according to any preceding claim, wherein an adhesive is used to attach the second skin to the precursor.
- 4. A method according to any preceding claim, wherein, prior to attaching the second skin to the precursor, the precursor is modified.
- 5. A method according to Claim 4, wherein, prior to attaching the second skin to the precursor, the precursor is shaped, trimmed, routed, drilled, varnished, coloured, or waxed.
- 6. A method according to Claim 4 or Claim 5, wherein, prior to attaching the second skin to the precursor, the precursor is adapted to receive one or more pieces of glazing.
- 7. A method according to any of Claims 4 to 6, wherein, prior to attaching the second skin to the precursor, the precursor is adapted to receive one or more fittings for the door, window, or panel.
- 8. A method according to Claim 7, wherein the one or more fittings are selected from the group consisting of: a handle, a lock, a plate, a catch and a hinge.
- 9. A method according to any preceding claim, wherein step b) is performed at least one hour after step a).

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10. A method according to any preceding claim, wherein step b) is performed at least 24 hours after step a).

- 11. A method according to any preceding claim, wherein the second skin is attached to the precursor at a different location from the location at which the first skin is attached to the second skin.
- 12. A precursor for a door, window, or panel, comprising a skin attached to one face of an open cell foam, but not to an opposing face of the open cell foam.
- 13. A precursor according to Claim 12, further comprising reinforcing means.
- 14. A precursor according to Claim 13, wherein the reinforcing means is a mesh.
- 15. A precursor according to any of Claims 12 to 14, further comprising a frame
- 16. A precursor according to Claim 15, wherein the frame is a wooden frame.
- 17. A precursor according to any of Claims 12 to 16 when in storage.
- 18. A method comprising attaching a first precursor to a second precursor, wherein each of the first and second precursors is a precursor according to any of Claims 12 to 17.
- 19. A kit comprising a precursor according to any of Claims 12 to 17 and a second skin that is not attached to the precursor.
- 20. A kit comprising a first precursor and a second precursor, wherein each of the first and second precursors is a precursor according to any of Claims 12 to 17.
- 21. A kit according to Claim 19 or Claim 20, further comprising one or more of:
- a) an adhesive,
- b) a reinforcement means,

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- c) glazing,
- d) a door, window or panel fitting, and
- e) a paint, varnish, lacquer, stain or wax.
- 22. A kit according to any of Claims 19 to 21, when provided in a container, optionally together with instructions for assembling components of the kit together.
- 23. A door, window or panel made by a method according to any of Claims 1 to 11 or 18, by using a precursor according to any of Claims 12 to 17, and/or by using a kit according to any of Claims 19 to 22.
- 24. A door, window or panel which includes a foam core which includes in the interior of the foam, a layer of adhesive generally in the plane of the door, window or panel.
- 25. A door, window or panel according to Claim 24 which comprises a first precursor adhered to a second precursor, the precursors being defined in Claim 18.
- 26. The invention substantially as hereinbefore described with reference to the accompanying drawings.